

## CLAIMS

I claim:

1. A protective hand guard comprising:
  - a) a gelatinous cushion which provides for shock absorption by distributing the forces over a larger surface area than provided by the bare hand.
  - b) a gelatinous cushion encased in a vinyl or laminate coated fabric, which conforms to the shape of the hand.
  - c) a palm strap to secure the protective hand guard to the hand.
  - d) a finger loop or loops, where needed, to provide additional security in anchoring the protective hand guard to the hand.
  
2. A protective hand guard according to Claim 1, wherein said hand guard:
  - a) is worn in the preferred position of protecting the dorsal surface of the hand including but not limited to the metacarpalphalangeal joints (knuckles).
  - b) is worn so that the gelatinous cushion is located on the dorsal surface of the hand
  - c) is worn so that the palm strap is located on the palm surface of the hand.
  
3. A protective hand guard according to Claim 1, wherein said hand guard:
  - a) can be worn in an alternate position in order to protect the palm of the hand.
  - b) is worn so that the gelatinous cushion is located on the palm surface of the hand.
  - c) is worn so that the palm strap is located on the dorsal surface of the hand.